



CanSkate Required Equipment

CSA Approved Helmet

CSA approved helmets are required for all skaters participating in our Learn to Skate programs.

Face cages are not mandatory but strongly encouraged for skaters under five.

Where can I purchase a CSA approved helmet?

- > Canadian Tire
- > Spork Chek
- > Corbett's Source for Sports
- > Pro Hockey Life
- > The Figure Skating Boutique



Skates

Skate Oakville strongly recommends either figure skates or hockey skates. Any recreational skate is not recommended.

Avoid the following

- > Buckles/clips
- > Straps
- > Growing room



RECOMMENDED: Figure Skates & Hockey Skates

Here are things to look for when buying skates

- > Comfortable, snug fit
- > Laces
- > Supportive
- > Sharpened (skates do not come pre-sharpened)



Skate Recommendations

Figure skates

Jackson skate 151 or 200

Cameo 1851

Jackson Mystique or Excel



Where can I purchase?

1. Ice and Nice (Burlington)
2. ESTA (Oakville)
3. Figure Skating Boutique (Toronto)

Important Note

Some stores like Canadian Tire carry Jackson skates which are acceptable. When purchasing skates from stores like Canadian Tire or Sport Chek, ensure the skates are Jackson brand. Any other figure skates offered at these stores are not suitable. **DO NOT get figure skates sharpened at Canadian Tire.** This can damage your blades.

Hockey Skates

Bauer



Where can I purchase?

1. Canadian Tire
2. Sport Chek
3. Corbett's
4. Pro Hockey Life

Skate Sharpening

Hockey skates may be sharpened at Canadian Tire, Sport Chek, etc.

Figure skates must be sharpened by a professional, otherwise they can be damaged.

Recommended Skate Sharpening Places

1. Skate Oakville

Skate Oakville coach, Mark Bradshaw, professionally sharpens skates. For more details, please email office@skateoakville.ca or coachmarkbradshaw@gmail.com

2. Ice and Nice

This skate shop in Burlington sharpens skates professionally. Please call to make an appointment.

3. Paul Fisher

Paul regularly sharpens skates at different arenas in the area. Check a clubs Instagram or reach out to them to see when he will be available.

Skating Attire

- > Mittens or gloves are mandatory
- > Warm and waterproof clothing is recommended (beginners encouraged to wear splash pants/water resistant pants)

Paddings or knee pads are NOT recommended as these can inhibit proper movement.

Skate Maintenance Tips

- Hard guards should be worn when on non-padded surfaces. Walking on the floor without protecting your blades can severely damage your skates
- Dry off your blades after each session with a small towel